



**There's Joy, There's Fun,
There's Lots to Remember...**

By the Chief Editor, Stephen lam (SB)

Our annual Singing Contest brought down the curtain on school events of 2016 with joy and lots to remember. It was not a matter of winning or losing, but the fact that we are spending quality time and devoting ourselves into the bonding of friendships.

This year, as our beloved teacher Mr. Chan Kin Yip is retiring at the end of the school year, a few graduates from 2013 and many of our teachers had prepared a surprise show to perform for him. Our spirits were uplifted with a slideshow of him from a young age till today with all those memorable moments he had had in this school.

His lovely wife, and some of his old colleagues were also invited to share this moment of his. Our singing contest has always been the product of joy, gratitude, friendships, blended in with music and laughter.

May this precious experience be with us through our secondary school years! KCC Standard wishes you a Happy New Year!



An Account of This Year's Singing Contest *By Ms Chan Ka Man (Head of the Music Department)*

The Christmas Singing Contest came to a successful end on the 21st of December this year. Co-organized by the Music Department and the English Panel, the contest promotes an English environment and improves students' English pronunciations. All of the classes that entered the second round did a great job not just in singing but also with dramatic presentations of body movements and the use of props. The winner of junior forms, class 1B, sang the classic 'Lemon Tree' with tremendous energy. Class 4B, the winner of the upper form division, sang 'Better When I'm Dancing'.

The violin class played 'Silent Night', followed by the performance of our alumni band with our three-time-winner Wong Yu Hin as the vocalist. They also led the school to sing Christmas carols together.

We also bid farewell to Mr Chan Kin Yip who will retire next year. His wife joined us as a surprise while we were viewing his old pictures on the Powerpoint. Lai Yat Ming, our former student, had balloons twisted and tied in bundles in the shape of human figures as a gift for Mr Chan and his wife. Then the Singing Contest was brought to a close with the whole school singing Christmas carols led by our alumni band on the stage.

I would like to send my gratitude to the adjudicators and the staff members who helped in coordinating this event.



Quality Is Never Outdated *By Ms Eva Lo (Teacher advisor of KCC Standard)*

The Christmas Singing Contest is an important event in our school because you can see the amount of energy it ignites every year even months before it takes place. It starts from the song choice. I have never seen a class come to a decision without disputing over it. During their preparation, you hear students who are too shy to speak sing out loud and those who do not make it to the second round are so much let down.

The song choice makes a difference, not so much in terms of winning. As a teacher, I think it is how rich the lyrics are that matters. Ironically, the songs I pick for my classes are always turned down through voting and some of the naughty ones have made fun of my choice as being 'too outdated'. As for me, quality is never outdated.

The 2016 Nobel Prize winner in Literature, Bob Dylan, has written hundreds of brilliant songs and here is one of them:

A Hard Rain's Gonna Fall

Where have you been, my blue-eyed son?
Where have you been, my darling young one?
I've stumbled on the side of twelve misty mountains,
I've walked and I've crawled on six crooked highways,
I've stepped in the middle of seven sad forests,
I've been out in front of a dozen dead oceans,
I've been ten thousand miles in the mouth of a graveyard,
It's a hard, and it's a hard, it's a hard, it's a hard,
It's a hard rain's a-gonna fall.

What did you see, my blue-eyed son?
What did you see, my darling young one?
I saw a newborn baby with wild wolves all around it,
I saw a highway of diamonds with nobody on it,
I saw a black branch with blood that kept drippin',
I saw a room full of men with their hammers a-bleedin',
I saw a white ladder all covered with water,
I saw ten thousand talkers whose tongues were all broken,
I saw guns and sharp swords in the hands of young children
And it's a hard, it's a hard, it's a hard, it's a hard,
It's a hard rain's a-gonna fall.

What did you hear, my blue-eyed son?
And what did you hear, my darling young one?
I heard the sound of a thunder that roared out a warnin',
I heard the roar of a wave that could drown the whole world,
I heard one hundred drummers whose hands were a-bazin',
I heard ten thousand whisperin' and nobody listenin',
I heard one person starve, I heard many people laughin',
I heard the song of a poet who died in the gutter,
I heard the sound of a clown who cried in the alley,
And it's a hard, it's a hard, it's a hard, it's a hard,
It's a hard rain's a-gonna fall.

Who did you meet, my blue-eyed son?
Who did you meet, my darling young one?
I met a young child beside a dead pony,
I met a white man who walked a black dog,
I met a young woman whose body was burning,
I met a young girl, she gave me a rainbow,
I met one man who was wounded in love,
I met another man who was wounded in hatred,
It's a hard, it's a hard, it's a hard, it's a hard,
It's a hard rain's a-gonna fall.

It's a hard rain's a-gonna fall.

Oh, what'll you do now, my blue-eyed son?
And what'll you do now, my darling young one?
I'm a-goin' back out 'fore the rain starts a-fallin',
I'll walk to the depths of the deepest dark forest,
Where the people are many and their hands are all empty,
Where the pellets of poison are flooding their waters,
Where the home in the valley meets the damp dirty prison,
The executioner's face is always well hidden
Where hunger is ugly, where souls are forgotten,
Where black is the color when none is the number,
And I'll tell it and think it and speak it and breathe it,
Reflect from the mountain so all souls can see it,
Then I'll stand on the ocean until I start sinkin',
But I'll know my song well before I start singin',
And it's a hard, it's a hard, it's a hard, it's a hard,
It's a hard rain's a-gonna fall.

It's a hard rain's a-gonna fall
It's a hard rain's a-gonna fall

The song begins with the dark side of the human race and ends with awakening, courage and determination. It is so rich in content that you can categorize it as a depiction of social or global issues, as humanities, as prophecies that tell us what the world is like now half a century ago by the songwriter, the legendary Bob Dylan.

It's music. It's poetry. It's literature. It's one of the many works by a Nobel Prize winner. With no hard feelings at all, I would like to ask those who once laughed at my choice to keep this newspaper as a time capsule. Ten or twenty years later, read the lyrics of the song again. If you cry – I am not surprised.



A Speech Day with Fantasy and Love



Katherine Tam delivering her speech

An unforgettable Speech Day is one that is filled with artistic elements which touch our hearts. Our Speech Day on 12th November and the musical performance right after brought fond memories to us once again, like last year. The ceremony allowed us to gather solemnly and joyously for the big event and the performances of the choral speaking and the musical were as impressive as those of last year.

The two chosen graduates, Katherine Tam and Gloria Law had their own speech written out before one of them was finally appointed to deliver hers on stage. Both speeches are well written in their own ways and here they are:

Graduation Speech 2015-2016 by Tam Yu Sung, Katherine (graduate of 2016)

Our esteemed guest, Ms Chan, Chairman of the Association, Mr Fan, our supervisor, Directors of the Association, distinguished guests, Dr Leung, our Principal, teachers and fellow schoolmates,

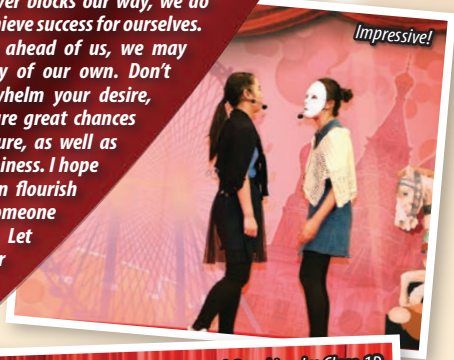
It is my honor to be the graduate representative today, and thank you for giving me this rare opportunity to deliver my speech in front of you. Graduation day is finally here, and so now ends our high school career. There are mixed feelings springing up in my heart ever since we shared our wonderful and complex experiences of youth here.

It has been a long six years, but here we are, ready to graduate. We did our utmost to get to this point, but we didn't do it by ourselves. We owe a huge debt of gratitude and appreciation to the people who were always by our side, especially the teachers and parents. Our beloved and admired teachers have imparted knowledge unto us unselfishly and patiently. We may not have achieved so much without our teachers' patient teaching for fulfilling our development. It's the precious opportunity of being a KCCKC student which allowed me to have a valuable and fruitful campus life. I thank my mother school from the bottom of my heart, for all the memories I gained, and skills I learnt. Apart from thanking our teachers, may I also express our gratitude to our parents. Thank you for unlimitedly supporting us in more ways than it's possible to count. Mothers and fathers love us no matter how we look or how we act. I will not forget the help my parents gave and the sacrifices they made for the rest of my life. Without the inspiration, drive, and support that my parents gave me, I might not be the person I am today.

We began secondary school as children, but we're leaving here as adults. We accomplished one of the major early milestones of our lives. A year has passed but an array of precious memories has been conjured up at this moment. I believe we cannot forget the sound of classroom bells and noisy halls; we cannot overlook the day we sailed through a test with flying colours; we cannot lose sight of the seconds with our dear friends, fully with laughter and tears, cheer and despair, animation and discouragement. Some of these moments may seem rather small, but it's the little things that we'll remember most of all, which will even last our whole lives.

To all my dear fellow classmates, I would like to share enthusiasm and strength that may help ease the great pressure of public exams. As an experienced DSE fighter, I cannot deny that this is the most demoralizing, exhausting, and even frustrating period you will ever face. However, remember your original intentions, aspirations and determination. The most imperative thing is to never let your dedication be extinguished and to never neglect your potential which will lead you to fly into the sky. Whatever you will receive ultimately, as long as you try your best, will be worth it. And hopefully, someday you can finally live out your long sought-after dreams.

Today, we're not just heading towards our secondary school graduation, we're stepping into our future. No matter where we are at this moment, and whatever blocks our way, we do have the power to achieve success for ourselves. With a new journey ahead of us, we may create a new history of our own. Don't let your fears overwhelm your desire, because challenges are great chances to learn and to mature, as well as great sources of happiness. I hope all our graduates can flourish in life and hold someone you treasure most. Let us all be thankful for the gifts we have received here. Thank you.



Impressive!



Choral Speaking by Class 1D



Team spirit!

Graduation Speech 2015-2016 by Law Chui Shan, Gloria (graduate of 2016)

Our esteemed guest, Ms Chan, Vice-Chairman of the Association, Mr Fan, our supervisor, Directors of the Association, distinguished guests, Dr Leung, our Principal, teachers and fellow schoolmates,

This is a great honor for me to be the representative of the graduates to deliver our sincere gratitude before you today. Six years have passed in the blink of an eye. Now is the time we thank our school for helping us grow into who we are today. This is a touching moment. With tears in our eyes, the image before us may be blurry but as we focus on our vision, what we see is still our beautiful school where we spent our years filled with joy and unforgettable memories.

We are used to everything here and familiar with everyone around us in this school. Today, we gather to celebrate our graduation and are given a great opportunity to express our thankfulness and appreciation to our Principal, teachers

and everyone who has accompanied us in our life's journey here in KCCKC.

Our teachers are our lights in the dark. They guide us when we are confused. They warm our hearts when we are frustrated. When I was in junior forms, I had been at a loss. However, our teachers never gave up their hope in us. They encouraged me and gave me all the motivation I needed. Before long, I was back on track.

When we encountered adversities and failures, the teachers always stayed by us as companions. They helped us make good plans and sacrificed their time in our preparation for the public exams in order for us to get a satisfying result. Although not all of us entered universities, with our teachers' guidance we still set our foot on the pathway that suits us best.

Besides transmitting knowledge, our teachers taught us the positive attitude and good values through their words of wisdom

and by sharing their life experiences with us. They taught us to be humble, responsible and tolerant even in difficult situations. Their teaching has become our inspiration and our key to success.

Despite how unwilling we are to bid farewell to our beloved mother school, we have to say goodbye to our secondary school life and get ready for our future which is full of challenges and rewards. We have kept everything and everyone here in our memory and we will walk with pride on the road that lies ahead of us. Goodbye KCCKC and thank you all.



Thought provoking!



A time that is worth all the effort



Let's celebrate



A Trip to Singapore

In July of 2016, some of the F3 and F4 students went to Singapore with our teachers. Those who went were asked to write a reflection on this trip. The texts below are written by members of our editorial group. Dicky gave a factual account of their trip while Peter made his report on the trip as a narrative. We found his writing quite unique because he used a third person approach for a personal experience. We think it is quite creative and daring; however, we need to be restrained by the text type we are given in open exams. In creative writing, it is governed by different sets of criteria.

Our Field Trip Far From Home Wong Moon Nok, Dicky (4A)

We were so excited to go to Singapore for an exchange tour in July. On the second day of our journey, we went to the YMCA to sit in on one of their Physics lessons. The content taught was similar to what we learn in Hong Kong although the language of instructions was in English. On the last day, we visited the Newwater Centre, a well-known factory that turns dirty water into clean water. We learnt that making stale water fresh requires three steps.

The steps include filtration and disinfection. Filtration takes place when larger particles are removed from the water. Then with high pressure and the use of the osmotic membranes, smaller particles such as viruses or other water soluble substances are further filtered. The final step is to disinfect the water through the use of ultraviolet radiation. We learnt a lot on this trip. The knowledge is one thing, but what I value most is the experience I gained, especially with a group of familiar faces.

A Trip to Singapore Cheung Yin Ho, Peter (4A)

He took a taxi to the airport on that day. He felt a little bit worried, but joyous. He was worried about whether he could adapt to a new place -- Singapore. Also, he felt glad and hoped that he could learn something new about a culture. He was thinking how people always say that something can broaden the horizon, or something like this. On the way to the airport, he saw some flowers which blossomed like a brilliant smile, like a hint that he would have a nice journey.

When he arrived in Singapore, he could taste the local and famous food: cereal shrimp. Unfortunately, he didn't like the shrimp at all. He first thought Singapore was totally foreign to him. However, on that day, he realized that Singapore has many things in common with China. When he was guided by the tour guide on the way to visit places, he noticed that sixty to seventy percent of the people there are Chinese.



A visit to a local school

Merlion is a famous local landmark, so many visitors go there to take photos. Their pose is to drink the water running down from a statue. And then, he went to take photos, too. With the picture in his hand now, he was asking himself, 'Did I drink its saliva? Or someone else's?' It was quite uproarious.

After that, he went to Little India. He considered it completely Indian as it contains so much Indian culture in it. Time flew by and it was lunch time. He could taste the local Hainan chicken rice. The kind of taste is still vivid until now. Never had he eaten such tasty chicken on rice, and this is the last thing he remembers about his trip to Singapore.

Hong Kong Airport



Singapore Flyer Ride



Gardens by the Bay



The English Summer Camp

Tang Sin Ling (2C), Fung Tsz Mei Christy (2D)

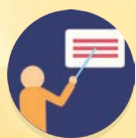
Our school places emphasis on our English skills. In order for us to improve our English speaking and listening, the school had us take part in an English Summer Camp last August. There were university students from the U.K. as our tutors. They were humorous and approachable. The activity we liked most was watching the movie 'Shrek', a love story between an ugly ogre and a beautiful princess who turns ugly at night. The story tells us that inner beauty is more important than outer appearance.



The game that impressed us most was 'Grab a Chair'. We all played a similar game in our childhood but to play it in English is different. We had to say some characteristics and anyone with the specific characteristics had to leave their seat and grab one before the time was up. The one who could not get a seat lost. There were other games too but this one was the easiest and the most fun.

We think this Summer Camp helped us improve our oral English. We would encourage F.1 and F.2 students to join it next summer.





A Special English Lesson

Tang Yee Ching, Amy (3C)

Our class was so lucky to have two native speakers come to our classroom in one of our English lessons with Ms Hill. They were so kind and friendly that they answered every question we asked them.

They work for the same company and are vegetarians. They care a lot about animals and live a healthy lifestyle. They work out a lot, so they are both strong and masculine. They have tattoos, each of which is meaningful to them, such as pictures about their love for their families and for their pets.

People who do not eat meat are in general called vegetarian; however, some of them do not even eat eggs, honey or any dairy products. These people are called vegans. In fact, there are tasty plant foods too, such as tofu, fruits, tomatoes and corn.

Our friendly guests taught us a lot about how to become a vegetarian and how to start a vegetarian diet. They told us that some animals have intelligence that resembles the human mind, and that chickens and hens can recognize human faces. They therefore cannot kill animals or eat them.

We got to know that there is lots of damage to our body from eating meat. It is the culprit for obesity, dry skin and hair loss. We played many games, including how much water it takes to produce certain types of food. This taught us that eating vegetables and fruits is more environmentally-friendly than eating meat.

When it came to the end of the lesson, we were reluctant to say goodbye. Some of us started taking pictures with them. Some asked for ways to keep in touch. Some went over to hug them. This was an enjoyable lesson that we will not forget.



The English Week

Fung Tsz Mei, Christy (2D)



Attractive candies and working hard for them

by participating in any English lunchtime activities; on Friday after school in the English Culture Club meetings at the English Corner; at the Halloween Party or Christmas Party; and needless to say, in the English week. The theme of our English Week this year was cultures from around the world! The exhibition featured different countries including Mexico, Australia, Canada, Thailand, Japan, South Korea, United Kingdom, India and Vietnam. What is more interesting is that we got snacks like candies, seaweed, or cookies that were products of that particular country if we played games at the corresponding booths.

Were you interviewed by our reporters during our 3-day event? We interviewed some English teachers, English ambassadors and pupils who participated in the English week. Miss Yeung said that she enjoyed the English Week



The English Week Passport for this year

Interview with Miss Chung about Speaking English in the Library on Thursdays

C: Ms Chung Kar Wai

R: Reporters: Au Wai Yin, Vivian (5A)

Lai Yu Ren, Rain (5A) & Liang Xiu Xia, Amy (5B)

R: Who put forward the plan? Why did the proposer come up with this idea?

C: It was suggested by Miss Bonny. Its objective is to motivate students to speak more English in the library or on campus. With the help of our English captains and librarians, the plan has certainly been executed smoothly.

R: What are the positive effects of this plan?

C: Apparently, students speak more English to communicate with the librarians while in the library. It was difficult at the beginning. Students were reluctant to use the language because they lacked confidence in their fluency. So we awarded them with candies. The situation has improved now and many students are willing to give it a go.

R: What do you think about the future of this plan?

C: I think this plan can motivate students to speak more English once they need to borrow a book. Sometimes it is difficult for our English captains too but it is worthy of trying. I would like to continue this plan next year.

R: What would you consider to improve this plan?

C: I would suggest that it extend to two days a week other than one day a week. Because even teachers may forget to speak English until it has become a habit. We need more time to accommodate as many students as possible and we believe we can do it better.



So crowded !



Big sister helping out

and that students could learn a lot about other cultures in a fun way. Miss Hill said the students were really enthusiastic at English week this year. We also interviewed Kye Tsun from 3C. She said she loved it! She also liked the Canadian booth because her schoolmates there were good at English and very approachable. On the last day of the event, we interviewed one of our English ambassadors, Cheung Ka Hung, from 6A. She said she learned about some of the Thai food. She also said her English had improved

with the launch of the event. Everyone was hoping to see the English week again next year.



One of our reporters interviewing students

On day 3, Mister Softee ice cream truck came to our school. Students were able to get ice cream if they had 20 stamps on their activity cards. The English week ended successfully. Thank you for being so involved!



This is what FOCUS is all about

UNICEF Young Envoy Scheme

Background information

The UNICEF Young Envoys Programme aims to provide opportunities for youngsters to explore issues related to children's rights to survival, protection, development and participation. Outstanding Young Envoys will be granted an opportunity to visit a developing country and receive 160 hours of training in Hong Kong.

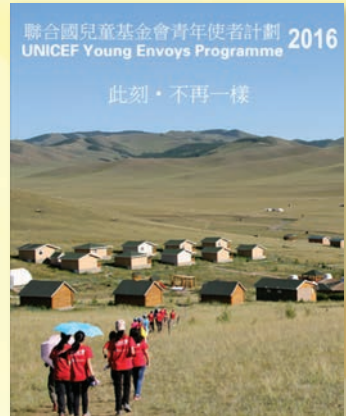
Our school has helped us grab this chance this year and many of us have taken the first step to get involved. We had to provide record of our social service experience with relevant supporting documents. On top of this,

we had to write a 500 to 1000 word essay either in Chinese or English on an issue that is about the growth or development of children in Hong Kong.

One of our editorial group members has written her essay in Chinese and our senior form editors expressed their willingness to translate her work here as sharing or promotion for students who may be interested next year to take part.

Essay topic

Propose an innovative idea to support children in Hong Kong reaching their full potential



Original draft in Chinese

By Committee Member, Tang Sin Ling (2C)
An excerpt of an essay submitted

在學習上，老師永遠是老師，學生永遠是學生，何不調換一下角色呢？讓學生當老師教同學們，而老師就旁聽，再在必要時指點同學。這樣同學就會更加認真溫書做預習和鍛煉學生的說話能力，隨機應變能力和膽量等優秀質素。

而一個班可以分成多個組來討論老師提出的問題，每個人都輪流做組長，負責整理資料，答案和監督成員進行積極的討論，這樣便能提升他們的領導能力，處理能力和增加他們的個人修為。

「走出學校，走進社會」又是另一種體會，在戶外可以進行購買食材的活動，定好一個較長的距離，從出發前就開始分好組，到目的地就派發購物單，讓他們在規定的時間內完成，越早時間內完成者可獲得豐盛的獎勵。這個有趣的獲得可以幫助他們的思維能力，團體組織能力和行動能力。

還有一些野外運動比賽，比如負重跑步比賽，登山接力等這種種的團體競爭遊戲，既可以促進同學朋友之間的感情也可以強身健體。

每個人也可以各盡所長，多參加自己擅長的比賽來增加自己的信心，但是亦都要改善自己的短處，來達到全面發展。

諸如此類，好多方法都可以讓社會上的兒童達到全面發展，希望我的建議可以幫到社會的兒童，令他們陽光向上，充滿活力，全面發展！

Translation in English

By the Chief Editor, Stephen lam (5B),
and the Deputy Editors, Flora Chan (5A) and Jenny Yuen (5A)

In the journey of studying, teachers are always the teachers while students are students and no one else but the students. Why don't we change our roles sometimes? Let the students take the role of the teachers and the teachers just provide assistance to the 'little teachers' when they need help. It not only makes students more industrious in their studies, but it also enhances their speaking skills, their quick response to changing circumstances, and their courage.

Each class can be divided into several groups to discuss questions raised by teachers. Each person takes turns to be the leader in compiling information for the required answer and in supervising teammates to be active role in discussions so as to enhance their leadership ability and problem solving skills.

Our society is a much larger community compared to the school we study in. In order to equip ourselves to survive in a much more complex environment, we need enough exposure to realistic circumstances. A good survival-skill challenge would be to allocate members to different groups at the start and as they approach a designated spot, they receive a list of necessities which they need to shop for using the least possible time. Whichever team can do that receive big prizes. Such an activity requires cooperation and enables participants to reason, to organize, to plan ahead and to put thoughts into action; which aims at training them to become all-rounded individuals.

There are some more outdoor sports events such as weight-bearing races or climbing relays. These team-based competitive games could strengthen the bonds of the participants while working out and keeping fit.

Each person was born with a special talent. By competing and demonstrating what we are good at, we build up our confidence. Meanwhile we should not overlook our weaknesses but take initiative to improve them in order to let ourselves develop holistically.

There are various means such as those mentioned above that allow children to achieve whole-person development. I hope that my suggestions would be able to benefit our young ones, allowing them to grow and shine, be energetic and all-round individuals.

Teachers' Sharing

An iPhone in a Trolley shared by Ms Eva Lo

What would you do if you found an iPhone someone had accidentally left behind? Would you tell the security guard? Would you take it home thinking that this is your lucky day today? If you chose to do the latter, you would be in big trouble.

My friend's domestic helper has been very reliable and has done a great job in every aspect. Not only is she a good nanny, she also does excellent housekeeping chores and has always been an honest person. My friend said she had given her money to take a taxi and she said she would take the bus instead. She could have taken the bus and took the money for the taxi, if she were a dishonest person. But she did not, and this was only one of the many incidents that proved her honesty.

That morning while she was grocery shopping, she saw an iPhone inside a trolley. She thought of it as a gift from God because her son back home needed an iPhone badly. At that time it was not simply an iPhone that did not belong to her, but something her son needed. Without a second thought, she took it and put it inside her bag. Her act was caught by surveillance cameras in the supermarket and she was arrested red-

handed by the police. The consequence was that she could no longer work in Hong Kong after the contract she has with my friend. She may work somewhere else but definitely not in Hong Kong anymore.

It may be a controversial issue whether her act could be forgiven. My friend said there were about six to seven CIDs interrogating her for a whole day. It was a phone that cost about two thousand dollars and she did not really put her hand on someone's pocket to steal it. She just took it after some absent-minded people had left it there. Was it appropriate for so much manpower to handle this case? The other side of the argument would be a case is a case even though it may be just three dollars.

My friend felt sad because she is the only helper her family found trustworthy; but ironically it is her that got convicted of committing a crime. Illegally possessing something that does not belong to you is a criminal act. Taking possession of an iPhone someone has left behind equals theft. Never allow your greed to overtake the usual good self in you. Not even once!

“The Speech Festival”

Forty seven students took part in this year's Speech Festival. The categories we entered were solo verse, dramatic duologue and choral speaking. Many students obtained the certificate of merit which requires 80 marks and above. Some got certificate of proficiency which is of at least 75 marks. Students showed extraordinary efforts in their preparation to strive for success. Many of them were so actively involved that they performed on stage outside SAC in front of crowds of schoolmates at lunch time. This was an act that promotes an English environment and helps build the passion among students for drama and literature. Let's hear some of the participants' opinion and how they feel about their experience in it.



Ken on the left and Michael on the right

Chan Ka Lok, Ken (5A)

It was such a good experience to join this year's Speech Festival. The category I took part in was a dramatic duologue, which is about a widow's conversation with her dead husband. On the stage, my partner, Michael, and I did our best to convey our interpretation of the script with facial expressions, our tone of voice and our body movements to bring out the characters' feelings with a dramatic effect that would move the audience and of course the adjudicator for a higher score! There is no doubt that such a fabulous opportunity not only boosts our confidence but it also makes us aware of what cooperation is all about, even though we had not won. However, the experience we gained in an intense competition like this tops any kind of awards. I know I am just one of the many students who took part this year, and I am glad I am one of them.

Lam Kwan Chak, Michael (5A)

This was my first time participating in dramatic duologue. Since I had previous experience taking part in the solo verse category, I was requested to lead my partner, Ken, who in fact did an excellent job. We both found that this was a really challenging competition because there was so much to memorize and we had to act out our roles.

Cooperation was also very important and finding time for our practice became more difficult compared to a solo type. The result turned out to be encouraging although we did not place in the top three. We understand that this was only our start of a long journey of similar things like public speaking, presentation for further studies, or in the work place.

We know that the more you pay, the more you gain. Hopefully, with the experience we have had in the Speech Festival, we will build up courage and skills we need. Anyway, no matter what form you are from and it doesn't matter what category you may take part in, you should make sure you approach your teacher and show interest in participating. You will benefit from it!

What a Rewarding Experience to Be on the Debate Team



Our school has provided many opportunities for us to improve our English while enjoying the moments at school along with the advantage of strengthening our precious friendships, and the Debate Team is one of them! We are delighted to have our debate team members share their experiences with us as members of the team. They are Flora Chan (5A), Rain Lai (5A), and Stephen lam (5B).

Flora: As a member of the debate team, I really learned a lot. You may think that I am kidding, however, it is true. I still remember the round 1 competition, since that was my first time to actually compete with others. I was very nervous. Fortunately, my teammates helped me a lot with the research and also encouraged me. Therefore, I really want to say "thank you" to them from the bottom of my heart through this opportunity.

Some of us may have a wrong perception about the debate club and that is, every member should have good fluency in English, and that is absolutely not true. Even if you are not good at English, we still want you to join our family. If you want to practice your English and meet more friends, you should join us! Don't hesitate anymore, join us every Monday in room 106 after school! We hope to see you there.

Rain: I was really impressed when I initially heard about the recruitment of the Debate Club. With the effect of my curiosity, I managed to give it a go.

Firstly, Ms. Hill, our coach, arranged some interesting speaking games such as describing something or giving an opinion on an assigned topic in one minute instantaneously! As for me, it was certainly a bit difficult to get over the barriers of expressing what I wanted to present. However, Ms Hill, along with other members, demonstrated their respect and patience to the speakers and I was really engaged by their encouragement. I boosted my confidence by giving a speech in front of an audience, and the delivery of my speaking has become more fluent.

After the beginning stage, I was shocked by the idea that I, as the debate team member, would have to participate in an actual debate contest. No way! I said to myself. I have never joined a formal debate. How could I handle that with training of only a couple of weeks? But through the preparation before the contest, I realized that everyone could be a good debater. An excellent team needs abundant elaboration and good connection with strong rebuttals to beat the other side. The participants should concentrate on the flaws which the other team has presented and rebut them.

I definitely will not forget the overwhelming nervous feeling I had when I reached the venue of the contest. However, you should be sufficiently brave and stay calm to succeed in the debate. The results are stirring. Our school had won all three rounds of the debate and won a champion trophy last year. Once you are interested in debating or you may just want to try, don't hesitate. Drop by and find out more. You may be the next star.

Stephen: First of all, I would like to give special thanks to everyone who has contributed to our school debate team. I really enjoyed being on the debate team. It is my second year being a debater at KCCCK, and I have never doubted my involvement in this. You are probably wondering, "What can I gain from joining the Debate Club?" Well, it is beyond your imagination. As you know, learning a language requires time and effort. Through constant practice of English, you will just be as great as we are! As you are reading through this, you might have difficulties understanding the message we are trying to convey. Nevertheless, at least you are making an attempt! Take my word, and come join the KCCCK Debate Team! Last but not least, life begins the moment you walk out of your comfort zone.



A Debate Speech Flora Chan (5A)

Motion: Organic Food in Hong Kong Should Be Subsidized

Good afternoon ladies and gentlemen. Before the debate, I would like to ask you a question. Have you ever bought organic food in Hong Kong? It's a nightmare for all vegetarians and carnivores alike since it is too expensive and hard to find!

The motion of this debate is: This house would subsidize the local production of organic food in Hong Kong. We would like to define "subsidize" as the government providing consistent funding and support. For "organic food", we would define it as fruits and vegetables produced without the use of chemicals. And for "Hong Kong", we would define it as the Special Administrative Region of the People's Republic of China.

Our team line is that subsidization of organic food in Hong Kong is greatly beneficial in terms of helping the local economy and living a healthier life. Therefore, as the affirmative side, we strongly believe that subsidizing organic food would benefit Hong Kong in many different ways.

As the first speaker, I will address the healthy benefits of consuming organic food. Our second speaker will talk about the enormous advantages on society and the economy. And our third speaker will summarize our team case.

To begin with, organic food is quite simply healthier and better for the environment. Since it doesn't include chemicals, it is less polluted than non-organic food. Furthermore, organic food has more nutrients than non-organic food, so we can build up a strong defense against potential disease from eating it. A study from Newcastle University in the UK reported that organic produce boosted up to 60% higher levels of nutrients such as vitamin C and antioxidants than its conventional counterparts.

Besides, producing organic food is massively better for the environment. This is extremely necessary for a city like Hong Kong, which suffers from deplorable levels of pollution and environmental disaster. Therefore, if the government subsidizes organic food, not only will the farmers be willing and able to produce more of it, but also the citizens can have more choices of organic food in more affordable quantities.

Apart from that, more and more people are becoming aware of the horrific dangers of pesticides in food such as increased risk of cancer and diabetes, according to a study from Hong Kong Chinese university, so many prefer to buy organic food to guarantee that there is no pesticides in it.

This negative team will undoubtedly argue that organic food has little health benefits. As I've clearly explained, organic food has increased nutritional benefits and decreased health risks. If the government can subsidize its production, organic food will be our next much needed generation of food, as our second speaker will elaborate on. Therefore, we strongly believe that subsidization of organic food in Hong Kong is beneficial in terms of making Hong Kong citizens healthier and less exposed to unnecessary and tragic illnesses, which can come from the consumption of non-organic, pesticide-ridden food. Thank you.



A Typical Sports Day

Tang Ka Lam, Kitty (4B), Au Wai Yin, Vivian (5A)

Every year on the Sports Day, there are catchy banners that draw our attention. This year I saw one even more eye catching by Li She. It says: 'You don't mind the thorns if you are the rose.' I found this slogan very profound and so true. Even one of our janitors asked me if I know the meaning of 'thorns' and fortunately I do. Then he smiled and said to me, 'Now you got it.' It was then I saw the huge banner right above the seats where the Li She team sat.

Before long my attention was drawn to the back of their cheer leading group. Their team shirt was in dark green, a very unique kind of green. On the back of it, there was this sentence, 'Catch me if you can.' I grinned to myself while reading it. How smart! Creative! I said to myself. I then kept searching for messages as such and found words like 'believe in yourself' and more.

All these reminded me of what I saw the other day on the Principal's message display board. Again, it is very well designed with our Principal's writing to us for different occasions. It was about sportsmanship and I found it very insightful too. I felt so lucky suddenly for the fact that there is so much to learn everywhere, if we just have our eyes open and look around.



call for the boys' Grade C discus throw,' and they were intermingled with the Putonghua announcements. I remember when I studied in F1, we were taught all these words related to Sports Day and I found them very useful because otherwise, I might not have understood these English announcements.



There were times when I felt the pain of the athletes too when some of the runners tripped and hurt themselves, especially in the hurdle track event. I found them very brave because to jump so high over the hurdles is already very hard, let alone while running at a fast speed. Most of the time, fortunately, I felt the joy when someone won and the cheerleaders chanted in excitement. Also, my heart warmed when everyone rushed over to help someone get up, and my spirit was uplifted when hearing the crowd yell out their house name as encouragement. This was just as loud for someone who was trying to catch up from way behind.



Composition in the Spotlight

An Email Reply to a Friend Lau Chak Sen, Calvin (1D)

Dear Wai,

Yesterday you sent me an email and told me that you will study in my school in a few months. I am happy to hear this good news. Let me tell you things about my school in this email and answer your questions.

There are many nice and friendly teachers in our school. They are very kind. When the students have any problems about their schoolwork, they will help them without hesitation. All the teachers do their best. Therefore, they all have good relationships with students and they get along well with one another. If you study in our school, I am sure that they will welcome you with open arms.

Besides, our school is large with many facilities. Are you interested in technology? My school has three big laboratories. One is in the new wing of our school and the other two are in the old wing.

I am good at swimming so I joined the swimming team this year. I represented Kwai Tsing District to participate in many competitions. Swimming is an enjoyable experience for me. Since you like swimming, you can join the team, too. If you join it, we can happily swim together every day after school. The coach is very strict so we can improve our swimming skills. Will you also join these competitions in the coming months? I sure hope you will!

I can't wait to see you at school!

With love,
Ying



Immersed in English

English Activities

Fung Tsz Mei, Christy (2D)

There is a lot going on this year to improve our English during lunch hours, morning assemblies, Saturdays and after school; as well as at festivals such as Thanksgiving, Halloween and Christmas. We can hardly report on each event. Here are pictures we have collected from the Food Arrangement Contest, Gratitude Garland, Halloween parties, lunchtime showcasing and the list goes on and on. We thank our NET teachers, English teachers and the whole school for their efforts in promoting an English environment so successfully this year. As students, we enjoyed every one of them and we found they helped us to improve our oral English, our confidence and most important of all, motivate our interest in the subject.

Here is our editorial member, Siu Yi Ki's reflection on the lunchtime showcasing in which she had to recite her poem in front of a crowd of students. What follows is done by another member, Jenny Zhan, who went to the Halloween Party as a reporter and a participant at the same time.

Stage fright we beat with all our might

Siu Yi Ki (3C)

Having to recite a poem on the stage was really nerve-wracking. Although we had practiced it many times, we still thought that we were not good enough. There were lots of students and teachers watching us. On one hand, we were too nervous for that, on the other hand, we looked forward to doing our best in our performance.

Besides, when we finished our performance, we watched other students' performances too! It is a good experience because they all did a good job!

Fearful but Fun

Zhan Yanglian, Jenny (2A)

This is the first time I have participated in a Halloween activity. I began to feel the excitement it brought after I played some of the games. There were booths where I could dress the skeleton, play bowling to knock down some pins and many more. I was most impressed with the box which you put your hands in to feel what you touched. It was scary, but fun!

Saturday Day Camp



Christmas Lunch Party



Lunchtime Showcasing



Candy Canes ordered and delivered



Halloween Party



Making masks for Halloween Party



Making thanksgiving cards



Food Arrangement Contest



Christmas Balloon Trees



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